# **Required Equipment**

## Race Skis:

- We ask that athletes have a pair of skis that are appropriate for racing and performing drills (kombiski)
  - $\circ\;$  Athletes are also welcome to have a pair of terrain skis to use for freeskiing

### Poles:

• Athletes are required to have ski poles

### Helmet:

• Athletes are required to have a hard ear helmet (U14+ must have a FIS appropriate helmet)

### **Race Suit:**

- Athletes are NOT required to have a speed (race) suit
  - $\,\circ\,\,$  If your athlete decides to have a speed suit a pair of zip off ski pants are encouraged